



# YOUR MENU Week ONE

<b>Fish Fingers</b>	<b>Lamb Bolognaise</b>	<b>Roast Chicken &amp; Gravy</b>	<b>Oven Baked Pork Sausages with Gravy</b>	<b>Cheese &amp; Tomato Pizza</b>
<b>Pasta &amp; Pepper Twists</b>	<b>Cheese &amp; Potato Pie</b>	<b>Quorn Roast with Vegetable Gravy</b>	<b>Quorn Lasagne</b>	<b>Tempura Battered Fish Fillet</b>
<b>Jacket Potatoes</b>	<b>Potato Wedges</b>	<b>Roast Potatoes</b>	<b>Jacket Potato</b>	<b>Jacket Potato with Baked Beans</b>
<b>Creamed Potato</b>	<b>Parsley Potato</b>	<b>Boiled New Potatoes</b>	<b>Parsley Potatoes</b>	<b>Chips</b>
<b>Peas</b>	<b>Sliced Green Beans</b>	<b>Cabbage</b>	<b>Broccoli</b>	<b>Wholemeal Pasta</b>
<b>Mixed Vegetables</b>	<b>Sweetcorn</b>	<b>Cauliflower</b>	<b>Carrots</b>	<b>Baked Beans</b>
<b>Flapjack with Custard</b>	<b>Chocolate Crunch with Custard</b>	<b>Carrot Cake with Custard</b>	<b>Banana Muffin with Milk</b>	<b>Shortbread</b>
<b>Yoghurt</b>	<b>Yoghurt</b>	<b>Yoghurt</b>	<b>Yoghurt</b>	<b>Fruit Juice Drink</b>
<b>Fresh Fruit Selection</b>	<b>Fresh Fruit Selection</b>	<b>Fresh Fruit Selection</b>	<b>Fresh Fruit Selection</b>	<b>Yoghurt</b>
				<b>Fresh Fruit Selection</b>

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

For any allergen/dietary requirements please speak to the Catering Supervisor  
Bread & Salad Bar Available daily ,

**MADE FRESH**

**Our Lady of Fatima**



# YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Drumstick	Lamb Lasagne	Roast Turkey with Gravy	Chilli Con Carne (Lamb)	Cheese & Tomato Pizza
Vegetable Bake	Salmon & Broccoli Bake	Quorn Roast with Vegetable Gravy	Fish Fiesta	Tempura Battered Fish Fillet
Pasta Shells	Potato Wedges	Roast Potatoes	Rice & Peas	Jacket Potato with Baked Beans
Parsley Potatoes	Jacket Potatoes	Creamed Potatoes	Jacket Potatoes	Chips
Mixed Vegetables	Sweetcorn	Broccoli Florets	Carrots	Wholemeal Pasta
Peas	Carrots	Cauliflower	Cabbage	Baked Beans
Rice Pudding & Sultanas	Banana Sponge with Custard Yoghurt	Raisin Cookie with Milk	Chocolate Cracknel with Custard	Ice Cream
Yoghurt	Fresh Fruit Selection	Yoghurt	Yoghurt	Fruit Juice Drink
Fresh Fruit Selection		Fresh Fruit Selection	Fresh Fruit Selection	Yoghurt
				Fresh Fruit Selection

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# YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Drumsticks	Salmon Bake	Roast Chicken & Gravy	Lamb Bolognaise	Cheese & Tomato Pizza
Tuna Pasta Bake	Vegetable Pasta Bake	Quorn Roast with Vegetable Gravy	Macaroni Cheese	Tempura Battered Fish Fillet
Jacket Potatoes Creamed Potatoes	Parsley Potatoes Potato Dice	Creamed Potatoes Roast Potatoes	Parsley Potatoes Spaghetti	Jacket Potato with Baked Beans
Sweetcorn	Sliced Green Beans	Broccoli	Cauliflower	Chips
Peas	Carrots	Mixed Vegetables	Cabbage	Wholemeal Pasta
Melting Moment with Milk	Pineapple Upside Down Cake with Custard	Chocolate Crunch with Custard	Apple Crumble with Custard	Sweetcorn
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Baked Beans
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Muffin
				Fruit Juice Drink
				Yoghurt
				Fresh Fruit Selection

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# YOUR MENU Week FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Gammon & Gravy	Chilli Con Carne (Lamb)	Roast Turkey with Gravy	Chicken Curry	Cheese & Tomato Pizza
Fish Fiesta	Cheese & Onion Roll	Quorn Roast with Vegetable Gravy	Vegetable Curry	Tempura Battered Fish Fillet
Jacket Potatoes Creamed Potatoes	Creamed Potatoes Rice	Roast Potatoes Boiled New Potatoes	Rice Potato Wedges	Jacket Potato with Baked Beans
Peas	Sweetcorn	Mixed Vegetables	Cabbage	Chips Wholemeal Pasta
Carrots	Broccoli	Peas	Carrots	Baked Beans
Cookie with Milk	Bananas & Custard	Apple Sponge with Custard	Golden Cracknel with Custard	Sweetcorn
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Ice Cream Fruit Juice Drink
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Yoghurt Fresh Fruit Selection

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