

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers Pasta & Pepper Twists	<u>Lamb Bolognese</u> <u>Cheese &amp; Potato Pie</u>	Roast Chicken & Gravy Quorn Roast with Vegetable Gravy	Oven Baked Pork Sausages with Gravy Quorn Lasagne	<u>Cheese &amp; Potato Pizza</u> <u>Macaroni Cheese</u>
Jacket Potatoes Creamed Potato	<u>Dry Baked Potato Wedges</u> <u>Parsley Potato</u>	Roast Potatoes Boiled New Potatoes	Jacket Potato Parsley Potatoes	<u>Chips</u> <u>Pasta</u>
Peas Mixed Vegetables	<u>Sweetcorn</u> Sliced Green Beans	Cabbage Cauliflower	Broccoli Carrots	<u>Baked Beans</u> Sweetcorn
Flapjack with Custard Yoghurt Fresh Fruit Selection	<u>Muffin</u> Yoghurt Fresh Fruit Selection	Carrot Cake with Custard (50% Fruit) Yoghurt Fresh Fruit Selection	Chocolate Crunch Yoghurt Fresh Fruit Selection	Shortbread Fruit Juice Drink Yoghurt Fresh Fruit Selection

### Additional Menu Options Available Daily

Salad selection is available as an alternative to vegetables;  
Fresh Drinking Water available daily  
Wholemeal Bread available daily

Week 1  
2015

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chicken Drumstick</b>  <b>Vegetable Bake</b>	<u><b>Gammon</b></u>  <u><b>Salmon &amp; Broccoli bake</b></u>	<b>Roast Turkey with Gravy</b>  <b>Quorn Roast with Vegetable Gravy</b>	<b>Chilli Con Carne (Lamb)</b>  <b>Fish Fiesta</b>	<u><b>Cheese &amp; Tomato Pizza</b></u>  <u><b>Fish Fiesta</b></u>
<b>Pasta Shells</b> <b>Parsley Potatoes</b>	<u><b>Dry Baked Potato Wedges Jacket Potatoes</b></u>	<b>Roast Potatoes</b> <b>Creamed Potatoes</b>	<b>Rice &amp; Peas</b> <b>Jacket Potatoes</b>	<u><b>Chips</b></u> <u><b>Pasta</b></u>
<b>Mixed Vegetables</b> <b>Peas</b>	<b>Sweetcorn</b> <u><b>Carrots</b></u>	<b>Broccoli Florets</b> <b>Cauliflower</b>	<b>Carrots</b> <b>Cabbage</b>	<u><b>Baked Beans</b></u> <b>Sweetcorn</b>
<b>Rice Pudding &amp; Sultanas</b>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>	<u><b>Banana Sponge</b></u>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>	<b>Raisin Cookie + Milk (50% Fruit)</b>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>	<b>Cocoa Cracknel with Custard</b>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>	<b>Ice Cream</b> <b>Fruit Juice Drink</b>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>

### **Additional Menu Options Available Daily**

Salad selection is available as an alternative to vegetables;  
Fresh Drinking Water available daily  
Wholemeal Bread available daily

**Week 2  
2015**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chicken Drumsticks</b>  <b>Tuna Pasta Bake</b>	<u><b>Salmon Bake</b></u>  <u><b>Vegetable Pasta Bake</b></u>	<b>Roast Chicken &amp; Gravy</b>  <b>Quorn Roast with Vegetable Gravy</b>	<b>Lamb Bolognese</b>  <b>Macaroni Cheese</b>	<u><b>Cheese &amp; Tomato Pizza</b></u>  <u><b>Fish Fingers</b></u>
<b>Jacket Potatoes</b> <b>Creamed Potatoes</b>	<u><b>Parsley Potatoes</b></u> <u><b>Dry Baked Potato Dice</b></u>	<b>Creamed Potatoes</b> <b>Roast Potatoes</b>	<b>Parsley Potatoes</b> <b>Spaghetti</b>	<u><b>Chips</b></u> <u><b>Pasta</b></u>
<b>Sweetcorn</b> <b>Peas</b>	<u><b>Slice Green Beans</b></u> <u><b>Carrots</b></u>	<b>Broccoli</b> <b>Mixed Vegetables</b>	<b>Cauliflower</b> <b>Cabbage</b>	<b>Sweetcorn</b> <b>Baked Beans</b>
<b>Melting Moment + Milk</b>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>	<u><b>Pineapple Upside Down Cake with Custard</b></u>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>	<b>Cocoa Crunch with Custard</b>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>	<b>Apple Crumble with Custard (50% Fruit)</b>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>	<b>Muffin</b> <b>Fruit Juice Drink</b>  <b>Yoghurt</b>  <b>Fresh Fruit Selection</b>

### **Additional Menu Options Available Daily**

Salad selection is available as an alternative to vegetables;  
 Fresh Drinking Water available daily  
 Wholemeal Bread available daily

**Week 3**  
**2015**

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Gammon & Gravy  Fish Fiesta	<u>Chilli Con Carne</u>  <u>Cheese &amp; Onion Roll</u>	Roast Turkey with Gravy  Quorn Roast with Vegetable Gravy	Chicken Curry  Vegetable Curry	<u>Cheese &amp; Tomato Pizza</u>  Tempura Battered Fish Fillet
Jacket Potatoes Creamed Potatoes	<u>Rice</u>	Roast Potatoes Boiled New Potatoes	Rice <u>Naan Bread</u>	<u>Chips</u> <u>Pasta</u>
Peas Carrots	<u>Sweetcorn</u> <u>Broccoli</u>	Mixed Vegetables Peas	Cabbage Carrots	Baked Beans Sweetcorn
Cookie + Milk  Yoghurt  Fresh Fruit Selection	<u>Bananas &amp; Custard</u>  Yoghurt  Fresh Fruit Selection	Apple Sponge with Custard (50% Fruit)  Yoghurt  Fresh Fruit Selection	Golden Cracknell with Custard  Yoghurt  Fresh Fruit Selection	<u>Ice Cream</u>  Yoghurt  Fresh Fruit Selection

### *Additional Menu Options Available Daily*

Salad selection is available as an alternative to vegetables;  
Fresh Drinking Water available daily  
Wholemeal Bread available daily

**Week 4**  
**2015**