

# Sikhism Day

On the 14<sup>th</sup> June 2018, Year 3 spent the day learning about Sikhism. In the morning, during RE lessons, they learnt about the symbols and meanings with the faith and also about the Gurdwara. They learnt about the 5 K's and Harleen in Year 3 was able to explain in more depth about this. She also brought in some artefacts for the class to look at whilst they were completing their work. She also explained meanings of words that were in Punjabi and Year 3 even had a go at saying some of the words themselves.



In the afternoon Year 3 were very fortunate to be able to try parshad (which is food eaten at the Gurdwara; it is very special) and chapatis which are typically popular food eaten by Sikhs. The children all took off their shoes as they would have done if they visited the Gurdwara and washed their hands. They then covered their heads in respect, ready for the food and sat with their legs crossed. Yuvraaj had prepared a talk to tell us all about parshad, how it is made, what it is made from and how it should be received.





As part of Year 3's half term homework, they children had to make a poster or powerpoint based on Sikhism. They then had a sharing event in the class where they were able to present and discuss what they had found out. Year 3 had a fantastic day learning about Sikhism.

